

YOUR JOURNEY

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There are two aspects of verbally sharing the message of Jesus. They are:
Your Personal Journey: your testimony of what God continues to do in areas of your life; and
The Jesus Story—God's Way: the gospel presentation.

These two aspects constitute steps 3 and 4 of the ACT principle.

Step 3

Direct the conversation to spiritual matters

Step 4

Discuss the gospel

What is Your Journey?

Your journey is a short narrative about how your relationship with Jesus has transformed a **specific area of your life**.

It is more than your personal testimony. It does not deal with the mechanics of how you became a Christian, but a specific fleshly characteristic of your life that has been transformed through a relationship with Jesus Christ. The purpose of sharing your journey is to show non-Christians that Jesus can change their lives too.

Here is an Example.

Before I entered a relationship with Jesus, I had a horrible temper. Anything would set me off. I remember one time that a friend of mine said something behind my back. So, I found them and let them have the full fury of my wrath. If people had not been there to calm me down, I would have torn him to pieces.

Now that I have relationship with Jesus, my temper is under control. Oh, don't get me wrong. I still get mad at people and things. But, I don't blow up anymore. Just the other day someone was talking behind my back and it didn't even affect me. Had I not come to Jesus, I would probably be in jail for murder right now.

What are the Parts of the "Your Journey" Presentation?

In the example above you can see the **6 points** of the "Your Journey" presentation:

1. **A statement of your pre-Christian condition:**

"Before I entered a relationship with Jesus (or got on the path of life) . . ."

2. **A statement of a fleshly trait:**

"I had a horrible temper."

3. **An illustration of the trait in your life:**
"I found them and let them have the full fury of my wrath."
4. **A statement of your Christian experience:**
"Now that I have a relationship with Jesus (or got on the path of life) . . ."
5. **A statement of a spiritual transformation:**
"My temper is under control."
6. **An illustration of the transformation in your life:**
"Just the other day someone was talking behind my back and it didn't even affect me."

YOUR JOURNEY WORKSHEET

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Use the worksheet to write out a version of **Your Journey**. Remember you are not writing your personal testimony of how you became a Christian, but a fleshly character trait that has been transformed through a relationship with Jesus. Try to develop at least three versions based on three areas of your life that Jesus has transformed.

What are some areas of your life that have been changed since you became a Christian? (If you became a Christian at a young age, relate some lingering fleshly trait that God is transforming or something He has changed in your life.) Try to list five or six traits. If you need help remembering, ask old friends.

Add these traits to the formula below and you'll have several versions of **Your Journey** that you can use as the Holy Spirit leads. Try to make it simple. People will only listen to **Your Journey** for about 3-4 minutes.

- **A statement of your pre-Christian condition:**

- **A statement of a fleshly trait:**

- **An illustration of the trait in your life:**

- **A statement of your Christian experience:**

- **A statement of a spiritual transformation:**

- **An illustration of the transformation in your life:**
